

Canadian Association
for Suicide Prevention



Association canadienne pour
la prévention du suicide

CASP/ACPS

Communities Addressing Suicide Together

October 5-7, 2010 • Halifax, Nova Scotia

Pre-Conference Program

From October 5 - 7, 2010, the Canadian Mental Health Association, Nova Scotia Division and the Nova Scotia Department of Health Promotion and Protection are hosting the

Canadian Association for Suicide Prevention 2010 National Conference: Communities Addressing Suicide Together

The conference will take place at Alderney Landing Cultural Centre, in Dartmouth, Nova Scotia.

We are pleased to be able to offer a variety of preconference workshops and activities on Monday, October 4 and Tuesday October 5, 2010. The workshops are available to everyone, whether you plan to attend main conference or not. The preconference workshops will take place at various venues in downtown Dartmouth, Nova Scotia. Most of the venues are to be determined and will be announced at a later date.

All workshops are described in the following pages of this flyer.

**To register for any of the Pre-Conference events, or for
more information, please visit the Conference website at**

www.suicideprevention.ca/2010

Certificate Workshops

ASIST: Applied Suicide Intervention Skills Training

Date & Time: Two Days: Monday October 4 & Tuesday October 5, 9 am – 5 pm

Cost: \$175.00 per person

Trainers: Keith Brumwell & Michael Poworozynk

Description: The ASIST workshop is a two-day, highly interactive, practical, practice-oriented workshop for caregivers who want to feel more comfortable, confident and competent in helping to prevent the immediate risk of suicide. This program was developed by Living Works Education Inc.

For more information on ASIST go to the LivingWorks Education Inc. website at: www.livingworks.net/AS.php



safeTALK: suicide alertness for everyone (Français)

Date & Time: Monday October 4, 1 pm - 4 pm

Cost: \$35.00 per person

Facilitator: Renee Ouimet

Description: See description to right (safeTALK: Suicide alertness for everyone (English))

For more information on safeTALK en français go to www.livingworks.net/ST1816ConsumerInfo.php

safeTALK: suicide alertness for everyone (English)

Date & Time: Monday October 4, 9 am – 12 pm

Cost: \$35.00 per person

Facilitator: Renee Schmidt

Description: safeTALK, a program of LivingWorks, lasts three hours and is for everyone in the community. This program is designed to ensure that persons with thoughts of suicide are connected to helpers who are prepared to provide first aid interventions.

For more information on safeTALK go to www.livingworks.net/ST.php



safeTALK
suicide alertness for everyone

safeTALK T4T: Train-the-Trainer



Date & Time: Monday, October 4 &
Tuesday, October 5,
8 am – 5 pm

Cost: \$700.00 per candidate

Trainer: Renee Schmidt

Description: This training experience will focus on a positive learning environment, encouragement of open and honest talk, respect for differences, support of each other and active participation. You are far more likely to become a successful safeTALK trainer if: you have completed an ASIST workshop, you are a skilled presenter, you have good group facilitation skills and if you are committed to promoting suicide safely through open and direct talk about suicide. Come and learn about the part you can play in a creating a suicide safer community.

For more information on the safeTALK T4T go to www.livingworks.net/ST-T4T.php

Straight Talk: A Workshop about Suicide in Youth

Date: Tuesday, October 5, 9 am – 5 pm

Cost: \$115.00 per candidate

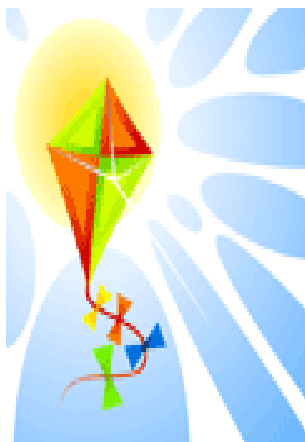
Trainer: Priscilla LaLonde



Description: This program provides information and fosters the development of intervention skills for those in direct contact with youth. It develops the ability to recognize youth at risk as well as support youth in making healthy choices. The workshop uses diverse educational methods such as video-clips, narratives, discussion questions and case scenarios creating an interactive, engaging seven-hour workshop. All participants will receive a 60 page resource workbook.

For more information on Straight Talk go to www.suicideinfo.ca/csp/go.aspx?tabid=53

Tattered Teddies: A Workshop about Suicide in Children



Date: Monday October 4, 1 pm – 5 pm

Cost: \$70.00 per candidate

Trainer: Priscilla LaLonde

Description: Suicidal behaviour in children age 12 or younger is a subject of growing concern for those who work with children. Suicidal thoughts and attempts in children have sometimes been overlooked, denied, or ignored. Tattered Teddies is an interactive half-day workshop for adults that includes group discussions, mini lectures and case studies.

For more information on Tattered Teddies go to www.suicideinfo.ca/csp/go.aspx?tabid=169

Pre-Conference Sessions

Survivor Healing Day

Date: Tuesday, October 5, noon – 5 pm

Cost: \$35.00 per person

Location: Holiday Inn Harbourview, Dartmouth

Description: This event is for those who have lost someone to suicide. The theme for the day is Survivor Healing. There will be inspirational guest speakers who share their stories and messages of hope and healing. Other sessions will include quiet, contemplative creative arts activities, such as writing and painting to generate healing opportunities, an open forum opportunity for sharing and listening to others' stories, and providing feedback to influence policy change, and the opportunity to participate in a variety of relaxing self-care sessions, such as auricular acupuncture, chair massage, Tibetan bowls & meditation.

For more information on the Survivor Healing Day, go to www.suicideprevention.ca/2010



Communities Addressing Suicide Together: Youth Conference

Date: Tuesday, October 5, 9 am – 4 pm

Cost: No cost

Description: This day-long conference for high school aged youth will focus on mental health promotion, resiliency building and suicide prevention skill building. Youth will attend the conference with supportive adults from their community and older youth facilitators will support them throughout the day's activities of connecting, learning, participating, creating and developing new skills, knowledge and relationships to take with them back to their own community.

For more information on the Youth Conference go to www.suicideprevention.ca/2010



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